



# CANOE '22

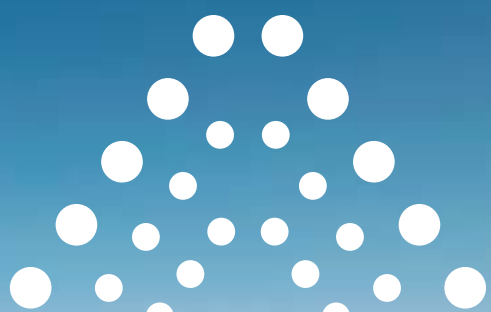


## LAKE BANOOK

ICF CANOE SPRINT & PARACANOE  
WORLD CHAMPIONSHIPS

**AUG 3-7, 2022**

**BULLETIN #1**



# CANOE '22



LAKE BANOOK

ICF CANOE SPRINT & PARACANOE  
WORLD CHAMPIONSHIPS



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## DEAR FRIENDS,

The Canoe '22 Society is thrilled to officially invite the world to Lake Banook for the 2022 ICF Canoe Sprint and Paracanoe World Championships, taking place from August 3–7, 2022.

Located in the heart of Dartmouth, Lake Banook is a naturally occurring lake which hosts three distinct sprint canoe clubs. The lake is steeped in history and has provided opportunities for sprint paddlers since 1904, with the creation of the lake's oldest club, Banook Canoe Club. Lined with a boardwalk adjacent to the racing course, Lake Banook provides the ultimate spectator experience—perfect for the local community whose passion for canoeing spans over a century.

Equipped with a beautiful race course and modern sports facilities, Lake Banook regularly serves as a hub for elite training programs, local events and

national competitions. We look forward to hosting the world on Lake Banook for a third time, after holding successful World Championships in both 1997 and 2009.

The Canoe '22 team recognizes that Panuk (Lake Banook) is located in Mi'kma'ki, the ancestral and traditional territory of the Mi'kmaq people. We acknowledge them as the past, present and future caretakers of this land, and we are grateful for the opportunity to further educate the world on Indigenous culture and the history of both Punamu'kwati'jk (Dartmouth), and the gwi'tn (canoe). Throughout this document, we will continue to recognize the traditional Mi'kmaw place names.

*On behalf of Canoe '22,*

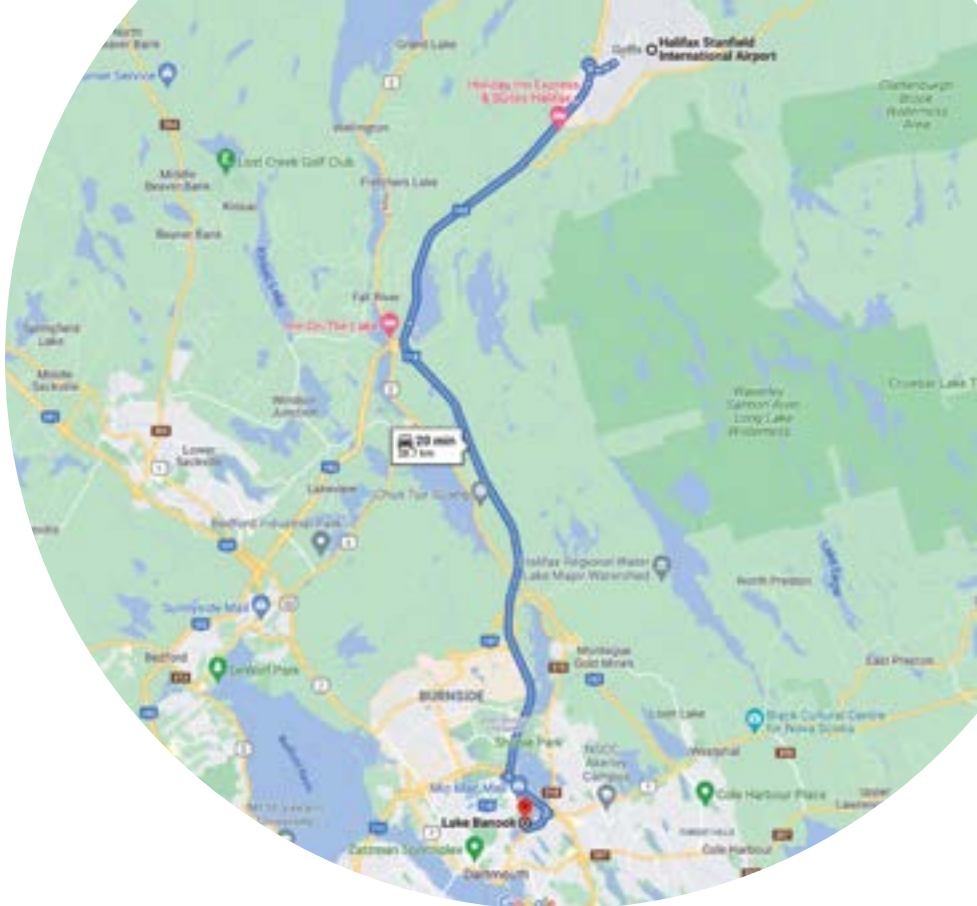


**P'JILASI, BIENVENUE, AND WELCOME**



## AIRPORT

Halifax Stanfield Airport (YHZ) is 20 minutes by ground transportation to the racing venue at Lake Banook, and 15 to 20 minutes to accommodation venues.



## ORGANIZING COMMITTEE

**Sharon Guthro - General Manager**

E: [Sharon@canoe22.com](mailto:Sharon@canoe22.com)

**Morgan Wren - Operational Lead**

E: [Morgan@canoe22.com](mailto:Morgan@canoe22.com)

**Tom Hall - Sport Technical Coordinator**

E: [Tom@canoe22.com](mailto:Tom@canoe22.com)

**Rhea Koivu - Marketing and Partnerships**

E: [Rhea@canoe22.com](mailto:Rhea@canoe22.com)

**For accommodations inquiries**

Contact: Mckenna Deering

Toll Free: 1.800.304.6346 (extension 335)

Email: [mckenna@sport-travel.com](mailto:mckenna@sport-travel.com)

**For general inquiries**

[Info@canoe22.com](mailto:Info@canoe22.com)

## WEATHER



The average regional temperature during the month of August is 18.7°C with a high of 23.6°C.



The average rainfall is 11 days, measurable above 0.2mm.



The prevailing winds for morning and afternoon are southern 13.3 km/h.

# LOCATION

## ABOUT DARTMOUTH (PUNAMU'KWATI'JK)

Affectionately known as the “City of Lakes”, Dartmouth, Nova Scotia contains 23 distinctive lakes, each with their own unique natural features and surroundings. Dartmouth is home to four of Nova Scotia’s eight sprint canoe clubs, also serving as a training hub for national team athletes.

Located just across the harbour from Halifax’s bustling core, Dartmouth offers a different experience entirely—combining modern shops, eateries and cafés with forests, trails and waterways. With only minutes of travel, visitors can trade-in the small but mighty downtown area for the quiet and calm of Dartmouth’s parks and beaches.

## ABOUT LAKE BANOOK (PANUK)

Lake Banook is rich in both sprint canoe history and modern usage. It is a natural freshwater lake, which is part of a system of lakes and canals that connect the Halifax Harbour to the Bay of Fundy—a distance that spans over 114 km.

Here, you’ll find three separate canoe clubs—Mic Mac, Senobe and Banook. Each has its own stories, histories and champions, dating back to the

creation of the Banook Canoe Club in 1904. The lake frequently plays host to provincial, national and international competitions for various age groups and abilities, most notably the World Junior Canoe Sprint Championships in 1989, the World Marathon Canoe Championships in 2001 and the Senior World Canoe Sprint Championships in 1997 and 2009.



# FACILITIES

The competition racecourse is situated on Lake Banook (Panuk), a naturally occurring lake that plays home to three separate canoe clubs. Canoe '22's athletes' village, disembarkment, medal presentations and festival are centred around the finish area at the base of the lake, creating the electrifying environment appropriate for the 2022 ICF Canoe Sprint and Paracanoe World Championships.





# COMPETITION

## SCHEDULE

Access period	July 30–August 7, 2022
Racecourse open for practice	July 30, 2022
Opening Ceremonies	August 2, 2022
Competition dates	August 3–7, 2022
Closing Ceremonies	August 7, 2022

The competition schedule will follow when approved by ICF and will be included in upcoming bulletins and at [canoe22.com](http://canoe22.com) and [canoeicf.com](http://canoeicf.com).





# EVENTS

## WOMEN CANOE

WC1 · 200m

WC2 · 200m

WC1 · 500m

WC2 · 500m

WC4 · 500m

WC1 · 1000m

WC1 · 5km

## WOMEN KAYAK

WK1 · 200m

WK2 · 200m

WK1 · 500m

WK2 · 500m

WK4 · 500m

WK1 · 1000m

WK1 · 5km

## MIXED CANOE

XC2 · 500m

## WOMEN PARA

WKL1

WKL2

WKL3

WVL1

WVL2

WL3

## MEN CANOE

MC1 · 200m

MC1 · 500m

MC2 · 500m

MC4 · 500m

MC1 · 1000m

MC2 · 1000m

MC1 · 5km

## MEN KAYAK

MK1 · 200m

MK1 · 500m

MK2 · 500m

MK4 · 500m

MK1 · 1000m

MK2 · 1000m

MK1 · 5km

## MIXED KAYAK

XK2 · 500m

## MEN PARA

MKL1

MKL2

MKL3

MVL1

MVL2

MVL3



## DEADLINES, DATES AND REGISTRATION

**April 1, 2022** - Final day for guaranteed booking for **all accommodations**. Please see the accommodations section on page 13 for details.

**April 20, 2022** - Last date to cancel Category 1 accommodation bookings with full refund.

**June 15, 2022** - Last day to cancel Category 2 accommodation bookings with full refund.

More deadlines will follow with the release of our next communication. Please visit [canoe22.com](https://canoe22.com) for the latest and most up-to-date information.

## ENTRY INFORMATION

In an effort to create an elevated experience for athletes and federations, Canoe '22 is seeking preliminary information from ICF federations. This information will allow us to gauge rooming and transportation requirements, as well as accessibility requirements for athletes that require accommodation. Upon review of this bulletin, we kindly ask that representatives from each federation fill out our brief questionnaire at your earliest convenience:

[Preliminary Information Form](#)

## NUMERICAL AND NOMINAL ENTRY DATES

Entries are to be made online via ICF's SDP system and can be done from **January 1, 2022**: [icf.msl.es/icf/main.jsp](https://icf.msl.es/icf/main.jsp). For help with SDP entries please contact the administrator directly at: [sdp@canoeicf.com](mailto:sdp@canoeicf.com).

**Numerical entries are due June 19, 2022.**

**Nominal entries are due July 24, 2022.**

# ATHLETE SERVICES

## ACCLIMATIZATION

Pre-event acclimatization camps will be organized by ICF partner Sports Camps. Please reach out to [canada@sports-camps.net](mailto:canada@sports-camps.net) to commence the booking process.

## TALENT IDENTIFICATION PROGRAM

The TIP program is set out to create policies for countries and disciplines of canoeing that need support for sustainable growth, and to encourage younger athletes from developing countries who have been identified as having the potential to achieve international results. We are currently working with ICF on the details of this training camp leading up to the World Championships in Dartmouth. We look forward to sharing more information through our website and in our next bulletin.

National Federations are encouraged to apply via email to [sebastian.cuattrin@canoeicf.com](mailto:sebastian.cuattrin@canoeicf.com).





## BOAT TRANSFER

In cooperation with the ICF and the organizing committee of the Senior World Championships 2022 in Halifax, we would like to offer boat transportation from Kassel/Germany to Halifax and back to Germany.

### We offer the following services:

- Transport in Sea Freight containers to Halifax venue and back to Germany
- Loading and lashing service by our team staff for safe transport to Halifax and back
- All customs clearance paperwork
- Transport insurance
- Guaranteed timing

### Boat transport prices are calculated on a per boat basis, with pricing as follows:

- K1/C1/K2/C2: €600 per boat
- K4 / C4: €650 per boat
- K1 Para: €600 per boat
- VA Para: €600 per boat
- Accessories like bicycle, paddles, etc., on request

### Optional timetable to send the boats to Halifax

Boats can be collected in Poznan at 2nd World Cup on **May 29, 2022**. Boats can be delivered until **July 5, 2022** to Kassel, Germany. Boats will be ready to use in Halifax at the venue from **July 26, 2022** at the latest, until the end of competition on **August 7, 2022**. For Customs reasons, all boats need to return in the same containers they arrived in to go back to Germany. After **August 30, 2022** the boats can be collected in Germany. As well, we offer safe storage for your boats until pick-up or delivery.

### Reservations for boat transport can be made until May 15, 2022 to:

34123 Kassel, Germany

**Email:** [kontakt@prowave.de](mailto:kontakt@prowave.de)

**www:** [www.prowave.de](http://www.prowave.de)

Phone/Fax: + 49 561 56010350

Cell: +49 177 8750202

## BOAT RENTAL

Boat rental is available from both Nelo and Plastex. Reservations must be made in advance of the event.

**To rent boats from Nelo online:** use [this link](#).

**Deadline:** June 3, 2022

**To rent boats from Plastex:** reach out to Plastex directly by email at [plastex@plastexboats.com](mailto:plastex@plastexboats.com).

**Deadline:** May 22, 2022

## ATHLETE NAME AND COUNTRY CODE STICKERS

The athlete's name sticker must be applied on all boats for ICF Canoe Sprint and Paracanoe competitions. In order for the canoes and kayaks to be presented in a standard manner, the name stickers must be positioned at the same point on every boat. The country code sticker will be applied on all boats and at the same place for each ICF Canoe Sprint competition. The stickers will be checked at the Boat Control.

**It is the participating National Federations' responsibility to provide the stickers to their athletes.**

**Please use the template provided by the ICF with the correct sizes and font.**

**NEW from 2022:** Athlete names stickers have been modified to match the re-formatted TV graphics.

The last name is now placed after the initial of first name.

## VISA INFORMATION

Depending on your citizenship, visitors to Canada may require a visa to enter the country. **Processing times for visa applications** vary depending on the visa office and the time of the year. Participants are encouraged to check the processing times calculator for guidance, but it is recommended to apply approximately **12 weeks** in advance of their departure date to ensure they receive the visa in time for the start of the event. Federations can check to see if they require a visa through **this link**. Should you or your participants require a visa, a letter of invitation from the Canoe '22 Society will be provided upon request in support of your application.

Please note that given the current travel restrictions, we ask that you continue to monitor the Immigration, Refugee, and Citizenship Canada (IRCC) website for COVID-19 updates.

For more information on visitor visas, please visit the **IRCC website**.

## MEDICAL CARE AND INSURANCE

Canoe '22 asks that all participants of the World Championship take out a medical insurance policy in their respective country. All costs above the regular first aid and ambulance services are to be covered by this medical insurance policy. Canoe '22 will not cover any expenses in connection with hospital treatment.

## COVID-19 PRECAUTIONS

Nova Scotia has been diligent and successful in mitigating the spread of COVID-19 throughout this pandemic. Canoe '22 is committed to the adherence of public health guidelines and all precautions necessary to hosting a safe and exciting World Championship.

**For the most up-to-date information on COVID-19 in Canada**

**Canada's list of approved vaccines**

# PARTICIPATION FEE

Participation fees for Canoe '22 will cost \$57 CAD or €40 EUR (+HST) per participant, per day.

Please note the Canadian rate is subject to change based on exchange rates.

## Included during non-competition days:

- Accreditation services
- Info desk
- Course access during open hours
- Security at racing venue
- Lifeguard and safety services
- Medical services
- Drinking water
- Showers and washrooms
- Electric power
- Washing facilities for boats and equipment
- Boat storage
- Boat measurements and control facilities
- Boat and equipment repair services
- Cars and trailers parking
- Transportation service between Canoe '22 accommodations and event venue
- Lunch at racing venue during the access period

## In addition to above, competition days will include the following:

- Doping control
- Live streaming of the races
- Timing and results system
- Boat numbers distribution
- Results and information announcements
- Merchandising facilities
- Athletes recovery areas

# CATERING

All accommodation packages booked through Tournkey Travel will offer breakfast and dinner during your stay.

Lunch will be provided at the racing venue from July 30–August 7 which is included in the participation fee.





# PAYMENT DETAILS

## PAYMENT DETAILS AND TRANSPORTATION

[Click here to begin booking](#)

All billing will be prepared and managed by Tournkey Travel. Please note that common taxes you could see included on your invoice include:

- HST (Harmonized Sales Tax): a tax implemented on all good and services by the federal government
- DMF (Destination Management Fund) / MAT (Municipal Accommodation Tax): fees collected and remitted to destination marketing organizations to promote and market the destination
- PST (Provincial Sales Tax): taxes collected and remitted to the provincial government for the sale of goods and services

Presented with your invoice will be terms and conditions for cancellation or changes made to your bookings.

**Bookings will not be considered confirmed until payment is received.**

Federations will have the following mechanisms to complete payments:

- Cheque
- Wire transfers (subject to a \$25 administration fee)
- Credit card (subject to a 4% administration fee)

We look forward to welcoming you to  
Halifax and the surrounding area in August.



# ACCOMMODATIONS

Canoe '22 and Tournkey Travel have provided several accommodation options for the 2022 ICF Canoe Sprint & Paracanoe World Championships. Though there are many spaces available at each facility, we encourage you to book your accommodations early. **Booking priority will function on a first-come, first-served basis.** Please note that Category 1 prices include meal plans while Category 2 prices do not.

Shuttle service to and from the event venue will be available for all locations listed on the following pages. Those who choose to stay in accommodations not listed will not have access to this service.

There are two accommodation categories available. All accommodations are to be booked by Tournkey Travel. Questions and inquiries regarding accommodations can be directed to:

**Contact: Mckenna Deering**

Toll Free: 1.800.304.6346 (extension 335)

Email: [mckenna@sport-travel.com](mailto:mckenna@sport-travel.com)



# CATEGORY 1

## DALHOUSIE UNIVERSITY

Accommodations in Dalhousie University Residences are designated to teams and support staff only. Risley Hall and LeMarchant Place are located in close proximity on the same section of LeMarchant Street on Dalhousie's campus for those teams that may book rooms in both buildings.

### Accessibility

Canoe '22 has secured a limited number of wheelchair accessible rooms at our Dalhousie location in both Risley Hall and LeMarchant Place. Allocation of these rooms will be designated to paracanoe athletes requiring wheelchair access or equivalent. All beds in either building may be adjusted to accommodate preferred/required heights, and LeMarchant Place suites offer additional living space for maneuvering. More details on accessibility features can be found in the Accommodation Detail table on the following pages. Further inquiries can be directed to Tournkey Travel at [mckenna@sport-travel.com](mailto:mckenna@sport-travel.com).

### Dalhousie University packages include:

- Accommodations
- Participation fee
- Breakfast and Dinner -  
Lunch to be served at racing venue
- Shuttle bus service connecting the racecourse and accommodations during the access period
- Complimentary wireless internet
- Full-member access to Dalplex, including:
  - Running track
  - Fitness centre
  - Fieldhouse
  - Olympic-sized swimming pool





*Prices listed are per participant, per day, based on the room style.*

## RISLEY HALL

Risley Hall offers private accommodations with shared, gender-neutral washroom facilities accessible from residence hallways. Toilets and shower stalls within washrooms provide a high level of privacy. All rooms in Risley Hall are equipped with in-room sinks. Accessible rooms include a private washroom.

### Building inclusions

Accessible washroom on each floor • Laundry • Climate-controlled building  
Lounge area • Adjustable bed heights

ACCOMMODATION DETAILS	PRICE PER PERSON CAD*	TOTAL EUROS**
<b>Single Room</b> Shared bathrooms	\$154.39	€108.07
<b>Single Room</b> Accessible - Private washroom <i>Note: Available to paracanoe athletes only based on need.</i>	\$154.39	€108.07



## LEMARCHANT PLACE

LeMarchant Place provides private accommodations, including single rooms with shared washrooms, two-, three- and four-person suites, and accessible single rooms. Suites include private washrooms, kitchenettes, living areas and air conditioning. Fully accessible rooms are available upon request for paracanoe athletes requiring wheelchair access.

### Building inclusions

Climate controlled rooms and suites • Wheelchair accessible kitchen • Laundry  
Lounge area • Adjustable bed heights

ACCOMMODATION DETAILS	PRICE PER PERSON CAD*	TOTAL EUROS**
<b>Accessible Single Room</b> Private washroom Kitchen access (wheelchair accessible) <b>on floor only</b> <i>Note: Available to paracanoe athletes only based on need</i>	\$163.08	€114.16
<b>Single Room</b> Shared bathroom with adjoining room kitchen access (wheelchair accessible) <b>on floor only</b>	\$157.86	€110.50
<b>Two-Bedroom Suite</b> Washroom Kitchenette Living area 2 single bedrooms	\$163.08	€114.16
<b>Three-Bedroom Suite</b> 2 washrooms Kitchenette Living area 3 single bedrooms	\$163.08	€114.16
<b>Four-Bedroom Suite</b> 2 washrooms Kitchenette Living area 4 single bedrooms	\$163.08	€114.16

*\*The prices listed do NOT include local taxes.*

*\*\*Exchange rate subject to change.*

**The deadline for Category 1 preliminary booking is April 1, 2022.**

We cannot guarantee space past this date.

Please keep in mind that because of limited availability of rooms in various categories, reservations will be accepted on a first-come, first-served basis.

# CATEGORY 2

## HOTELS

Canoe '22's logistics partner, Tournkey Travel has secured accommodations for athletes at several hotels. All hotels are in close proximity to the race course, each within a 7 km/10 minute drive of the venue. These accommodations also include shuttle service to and from Lake Banook and lunch at the racing venue.

### Delta Hotels by Marriott Dartmouth

Welcome to the Delta Dartmouth, located at the doorstep of Burnside Business Park. Our rooms and suites showcase luxury, comfort and streamlined amenities like free Wi-Fi, great showers and beyond comfortable beds. Whether visiting for business or pleasure, our location is ideal for your next business trip or weekend getaway. You will rise and shine to a variety of breakfast offerings featuring Starbucks® coffee or a visit to our expansive fitness centre, pool, or yoga studio for your morning workout. You can stay connected anywhere in the Hotel, allowing you to plan your next day over a pint of craft beer, or if you are planning a more relaxed evening, allow our sommelier to select the perfect wine pairing for your chef-prepared dinner.



### Best Western

Located 2 km from shopping at Dartmouth Crossing, this informal hotel in a brick building is also 11 km from both the Halifax Citadel National Historic Site and the Maritime Museum of the Atlantic. The casual rooms feature flat-screen TVs, free Wi-Fi and desks, as well as mini fridges and coffee makers. Some have microwaves. Suites add whirlpool tubs, and separate living areas with sofa beds.





### **Holiday Inn & Express Suites Dartmouth**

The Holiday Inn Express & Suites Halifax-Dartmouth is easily accessible from the Halifax Stanfield International Airport and conveniently located in the heart of the Burnside Industrial Park, just minutes away from Dartmouth Crossing Shopping. For your comfort, our brand-new spacious guest rooms and suites are all equipped with fridges and microwaves. Our one-bedroom suites are equipped with king beds, and a separate living space which includes a pull-out sofa bed. Accessible rooms are also available with all the necessary comforts. We are a 100% non-smoking hotel.



*Please note all prices listed below are baseline rates for rooms and DO NOT include MEAL PLANS. All prices listed DO include PARTICIPATION FEES. Additionally, all rates are per person, per night and based on dual occupancy (two people per room).*

PROPERTY	ADDRESS	CAD RATE*	EURO RATE**
<b>Delta Hotels by Marriott Dartmouth</b>	240 Brownlow Drive Burnside	\$166.50 - 191.50	€116.55 - 134.05
<b>Best Western Plus Dartmouth</b>	15 Spectacle Lake Dartmouth	\$149.50	€104.65

<b>Holiday Inn &amp; Express Suites Dartmouth</b>	335 John Savage Avenue Dartmouth	\$154.50	€108.15
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*\*The prices listed do NOT include local taxes.*

*\*\*Exchange rate subject to change.*

## BOOKING ACCOMMODATIONS

When you have found an option that is suitable for your group, you can proceed to submit a request form within the booking platform through the link below. **Please note that the request does not guarantee your booking.** The team at Tournkey Travel will review your booking request to ensure there is availability and communicate directly with your federation's contact to coordinate details including contracts, terms of cancellation, invoicing and other pertinent information.

[Click here to book your accommodations](#)

## TRANSPORTATION SERVICES

Canoe '22 and Tournkey will be making airport transfers available to participants staying at Canoe '22 accommodation venues. Participants will be required to pay a round-trip or one-way fee to cover these costs. Transportation requests can be submitted simultaneously with your accommodation request so that an all-inclusive cost per person is presented to your federation.

# CONTACT

Find updated information on [canoe22.com](https://canoe22.com)

Enquiries can be sent to: [info@canoe22.com](mailto:info@canoe22.com)

*We look forward to hosting you!*



